

RRC CROSS COUNTRY INVITATIONAL

VARSITY GIRLS Iowa State CC Course * Ames, IA 10/12/2020 Breezy 74°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Ballard	1	2	5	7	8	9	17	= 23	1:35:52	19:10	2:30
2	Winterset	11	13	19	22	26	34	36	= 91	1:44:08	20:50	0:59
3	North Polk	12	15	16	20	29	30	38	= 92	1:44:10	20:50	1:04
4	Adel-DeSoto-Minburn	4	14	21	27	28	37	51	= 94	1:43:28	20:42	2:20
5	Carlisle	3	18	23	25	40	44	48	= 109	1:44:18	20:52	3:52
6	Gilbert	6	10	31	33	35	39	41	= 115	1:46:02	21:12	2:21
7	Bondurant-Farrar	32	42	43	46	47	49	52	= 210	1:53:36	22:43	1:46
8	Perry	24	45	55	58	59			= 241	2:27:22	29:28	17:49
9	Boone	50	53	54	56	57			= 270	2:12:17	26:27	4:46

Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Paityn Noe	SO	Ballard	17:36	5:40
2	2	Shewaye Johnson	SO	Ballard	18:16	5:53
3	3	Ainsley Erzen	JR	Carlisle	18:38	6:00
4	4	Geneva Timmerman	SO	Adel-DeSoto-Minburn	19:03	6:08
5	5	Caitlin Maher	SR	Ballard	19:55	6:25
6	6	Abby McGuire	SO	Gilbert	19:57	6:25
7	7	Ava Vance	FR	Ballard	19:59	6:26
8	8	Josie Fleischmann	SR	Ballard	20:06	6:28
9	9	Brooke Loewe	JR	Ballard	20:11	6:30
10	10	Sophie Vanderpool	JR	Gilbert	20:18	6:32
11	11	Darci Wiseman	JR	Winterset	20:19	6:32
12	12	Unknown North Polk Comet	NA	North Polk	20:20	6:33
13	13	Sami Craven	FR	Winterset	20:31	6:36
14	14	Grace Martens-Sinn	FR	Adel-DeSoto-Minburn	20:36	6:38
15	15	Abby Bell	FR	North Polk	20:42	6:40
16	16	Aubrie Kiesling	SO	North Polk	20:43	6:40
17	17	Kate Huisinga	JR	Ballard	20:45	6:41
18	18	Tessa Erzen	SO	Carlisle	20:46	6:41
19	19	Micah Yeager	JR	Winterset	20:52	6:43
20	20	Liza Schaffer	SO	North Polk	21:01	6:46
21	21	Callie Moyer	SO	Adel-DeSoto-Minburn	21:08	6:48
22	22	Morgan Sutton	FR	Winterset	21:08	6:48
23	23	Marie Daggett	FR	Carlisle	21:10	6:49
24	24	Jaylene Karolus	JR	Perry	21:11	6:49
25	25	Maya Bergstrom	FR	Carlisle	21:12	6:50
26	26	Dyllan Kaufman	SO	Winterset	21:18	6:51
27	27	Paige Mattes	FR	Adel-DeSoto-Minburn	21:18	6:51
28	28	Hannah Welch	SR	Adel-DeSoto-Minburn	21:23	6:53
29	29	Lucy Schaffer	JR	North Polk	21:24	6:53
30	30	Bailey Knights	JR	North Polk	21:27	6:54
31	31	Clare Stahr	FR	Gilbert	21:29	6:55
32	32	Bridget Johnson	SO	Bondurant-Farrar	21:31	6:56
33	33	Adi Siegel	FR	Gilbert	22:00	7:05
34	34	Abby Benschhoof	SR	Winterset	22:13	7:09
35	35	Ella Gebhart	FR	Gilbert	22:18	7:11
36	36	Mia Kerr	JR	Winterset	22:21	7:12
37	37	Astraea Munyon	SR	Adel-DeSoto-Minburn	22:26	7:13
38	38	Hailey Volz	JR	North Polk	22:27	7:13
39	39	Sarah Thatcher	FR	Gilbert	22:28	7:14
40	40	Laura Downs	SO	Carlisle	22:31	7:15
41	41	Mary Thatcher	SR	Gilbert	22:38	7:17
42	42	Alyssa Fick	SR	Bondurant-Farrar	22:43	7:19
43	43	Payton Berger	FR	Bondurant-Farrar	22:53	7:22
44	44	Riley Sievers	SO	Carlisle	23:01	7:25
45	45	Kennedy Tunink	SR	Perry	23:02	7:25
46	46	Jessica Duffly	SR	Bondurant-Farrar	23:12	7:28
47	47	Lily O'Brien	SO	Bondurant-Farrar	23:17	7:30
48	48	Sage Austin	SO	Carlisle	23:19	7:30
49	49	Katelyn Nelson	JR	Bondurant-Farrar	23:25	7:32
50	50	Sophia Rose	SR	Boone	24:05	7:45
51	51	Alexis Nemechek	SO	Adel-DeSoto-Minburn	24:31	7:53
52	52	Keira Fick	FR	Bondurant-Farrar	25:10	8:06
53	53	Megan Reutter	SR	Boone	25:22	8:10
54	54	Emmy Lewis	JR	Boone	25:44	8:17
55	55	Cris Gomez	SR	Perry	26:08	8:25
56	56	Molly Alexander	JR	Boone	28:15	9:06
57	57	Shyanne Brogden	SR	Boone	28:51	9:17
58	58	Misty Gomez	JR	Perry	38:00	12:14
59	59	Michelle Tobar	SR	Perry	39:00	12:33

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Ballard				Score = 23			
1	Paityn Noe, SO	17:36	5:40				
2	Shewaye Johnson, SO	18:16	5:53				
5	Caitlin Maher, SR	19:55	6:25				
7	Ava Vance, FR	19:59	6:26				
8	Josie Fleischmann, SR	20:06	6:28				
9	Brooke Loewe, JR	20:11	6:30				
17	Kate Huisinga, JR	20:45	6:41				
2) Winterset				Score = 91			
11	Darci Wiseman, JR	20:19	6:32				
13	Sami Craven, FR	20:31	6:36				
19	Micah Yeager, JR	20:52	6:43				
22	Morgan Sutton, FR	21:08	6:48				
26	Dyllan Kaufman, SO	21:18	6:51				
34	Abby Benshoof, SR	22:13	7:09				
36	Mia Kerr, JR	22:21	7:12				
3) North Polk				Score = 92			
12	Unknown North Polk Comet, NA	20:20	6:33				
15	Abby Bell, FR	20:42	6:40				
16	Aubrie Kiesling, SO	20:43	6:40				
20	Liza Schaffer, SO	21:01	6:46				
29	Lucy Schaffer, JR	21:24	6:53				
30	Bailey Knights, JR	21:27	6:54				
38	Hailey Volz, JR	22:27	7:13				
4) Adel-DeSoto-Minburn				Score = 94			
4	Geneva Timmerman, SO	19:03	6:08				
14	Grace Martens-Sinn, FR	20:36	6:38				
21	Callie Moyer, SO	21:08	6:48				
27	Paige Mattes, FR	21:18	6:51				
28	Hannah Welch, SR	21:23	6:53				
37	Astraea Munyon, SR	22:26	7:13				
51	Alexis Nemechek, SO	24:31	7:53				
5) Carlisle				Score = 109			
3	Ainsley Erzen, JR	18:38	6:00				
18	Tessa Erzen, SO	20:46	6:41				
23	Marie Daggett, FR	21:10	6:49				
25	Maya Bergstrom, FR	21:12	6:50				
40	Laura Downs, SO	22:31	7:15				
44	Riley Sievers, SO	23:01	7:25				
48	Sage Austin, SO	23:19	7:30				
6) Gilbert				Score = 115			
6	Abby McGuire, SO	19:57	6:25				
10	Sophie Vanderpool, JR	20:18	6:32				
31	Clare Stahr, FR	21:29	6:55				
33	Adi Siegel, FR	22:00	7:05				
35	Ella Gebhart, FR	22:18	7:11				
39	Sarah Thatcher, FR	22:28	7:14				
41	Mary Thatcher, SR	22:38	7:17				
7) Bondurant-Farrar				Score = 210			
32	Bridget Johnson, SO	21:31	6:56				
42	Alyssa Fick, SR	22:43	7:19				
43	Payton Berger, FR	22:53	7:22				
46	Jessica Duffy, SR	23:12	7:28				
47	Lily O'Brien, SO	23:17	7:30				
49	Katelyn Nelson, JR	23:25	7:32				
52	Keira Fick, FR	25:10	8:06				
8) Perry				Score = 241			
24	Jaylene Karolus, JR	21:11	6:49				
45	Kennedy Tunink, SR	23:02	7:25				
55	Cris Gomez, SR	26:08	8:25				
58	Misty Gomez, JR	38:00	12:14				
59	Michelle Tobar, SR	39:00	12:33				
9) Boone				Score = 270			
50	Sophia Rose, SR	24:05	7:45				
53	Megan Reutter, SR	25:22	8:10				
54	Emmy Lewis, JR	25:44	8:17				
56	Molly Alexander, JR	28:15	9:06				
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