

# NORTH POLK CC INVITATIONAL

HS GIRLS 5K    North Polk HS    10/3/2022    Sunny 70°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	North Polk	2	3	4	7	12	13	16	= 28	1:44:57	20:59	2:31
2	Nevada	5	8	11	22	23	29	32	= 69	1:51:41	22:20	2:02
3	Bondurant-Farrar	9	14	15	17	18	24	25	= 73	1:52:27	22:29	1:11
4	Lynnville-Sully	1	10	28	34	37	41		= 110	1:57:39	23:32	6:52
5	Des Moines Lincoln	6	21	27	30	46	50	52	= 130	2:01:48	24:22	5:55
6	Colfax-Mingo	20	31	38	39	40	49		= 168	2:07:20	25:28	3:39
7	Des Moines Christian	26	35	36	42	43	45	51	= 182	2:09:40	25:56	2:43
8	Ankeny Christian Academy	19	33	44	47	48			= 191	2:11:10	26:14	5:19

**Incomplete Teams: Boone**

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Greenlee Smock	SR	Lynnville-Sully	19:21	6:14
2	2	Liza Schaffer	SR	North Polk	19:50	6:23
3	3	Mya Bond	FR	North Polk	20:32	6:36
4	4	Aubrie Kiesling	SR	North Polk	20:36	6:38
5	5	Brooke Axmear	FR	Nevada	21:19	6:52
6	6	Jade Anderson	SR	Des Moines Lincoln	21:35	6:57
7	7	Hannah Haaland	FR	North Polk	21:38	6:58
8	8	Tori Meinecke	JR	Nevada	21:39	6:58
9	9	Bridget Johnson	SR	Bondurant-Farrar	21:42	6:59
10	10	Olivia Norrish	SO	Lynnville-Sully	21:45	7:00
11	11	Alexa Betting	FR	Nevada	22:04	7:06
12		Kaylee Chestnut	SO	Boone	22:17	7:10
13	12	Sophia Campbell	SO	North Polk	22:21	7:12
14	13	Anna Patterson	JR	North Polk	22:24	7:12
15	14	Myah Greubel	FR	Bondurant-Farrar	22:35	7:16
16	15	Clare Haselhoff	SO	Bondurant-Farrar	22:35	7:16
17	16	Morgan Meiners	SO	North Polk	22:41	7:18
18	17	Kaylen Torrence	SO	Bondurant-Farrar	22:42	7:18
19	18	Payton Berger	JR	Bondurant-Farrar	22:53	7:22
20	19	Cambelle Oshirak	SO	Ankeny Christian Academy	22:56	7:23
21	20	Shae Wilkins	SO	Colfax-Mingo	22:59	7:24
22		Layla Arp	SO	North Polk	23:05	7:26
23	21	Jaenelle Bryant	SR	Des Moines Lincoln	23:09	7:27
24	22	Sophia Martinez	FR	Nevada	23:18	7:30
25	23	Ava Vanderhayden	SO	Nevada	23:20	7:31
26		Sam Weers	JR	North Polk	23:22	7:31
27	24	Laker Kennedy	SR	Bondurant-Farrar	23:27	7:33
28	25	Abbie Neville	JR	Bondurant-Farrar	23:42	7:38
29		Emily Maffin	SO	Bondurant-Farrar	23:54	7:42
30		Amie Kuennen	FR	Bondurant-Farrar	24:02	7:44
31		Grace Crippen	FR	North Polk	24:06	7:46
32	26	Allie Hawes	SO	Des Moines Christian	24:10	7:47
33		Lily O'Brien	SR	Bondurant-Farrar	24:18	7:49
34		Jocelyn Manock	FR	North Polk	24:23	7:51
35		Gauri Vanbaale	JR	Bondurant-Farrar	24:30	7:53
36	27	Jordyn Cherniss	SO	Des Moines Lincoln	24:33	7:54
37	28	Kendra Fikse	SR	Lynnville-Sully	24:36	7:55
38	29	Lily Frideres	FR	Nevada	24:39	7:56
39	30	Lily Dillon	FR	Des Moines Lincoln	25:02	8:03
40	31	McKenna Pleima	SR	Colfax-Mingo	25:02	8:04
41		MacKenzie Poock	SR	Bondurant-Farrar	25:04	8:04
42	32	Evelyn Anderson	SO	Nevada	25:06	8:05
43		Mady Cory	FR	North Polk	25:06	8:05
44	33	Jessie Schoening	FR	Ankeny Christian Academy	25:25	8:11
45	34	Corrina Rozendaal	SO	Lynnville-Sully	25:44	8:17
46		Sophia Hilsabeck	JR	North Polk	25:47	8:18
47	35	Kira Roberts	FR	Des Moines Christian	25:51	8:19
48		Avery Anderson	SO	Nevada	25:52	8:19
49	36	Reagan Lentz	SR	Des Moines Christian	25:54	8:20
50		Stefani Haus	SO	North Polk	25:57	8:21
51		Addi Grosc	SO	Bondurant-Farrar	26:05	8:24
52		Natalie Barber	SR	Nevada	26:07	8:24
53		Bryn Crain	FR	Nevada	26:11	8:26
54		Lynze Geerdes	JR	Nevada	26:12	8:26
55	37	Brooke Conover	JR	Lynnville-Sully	26:13	8:26
56	38	Lilyan Hadsall	FR	Colfax-Mingo	26:18	8:28
57		Jenna Manock	FR	North Polk	26:21	8:29
58	39	Bianca Lane	FR	Colfax-Mingo	26:22	8:29
59		Tatum Hendricks	SR	Nevada	26:23	8:30
60		Avery Chestnut	SO	Boone	26:24	8:30
61	40	Devan Chadwick	SO	Colfax-Mingo	26:38	8:34
62	41	Laura Fikse	FR	Lynnville-Sully	26:46	8:37
63	42	Liza Blomberg	SO	Des Moines Christian	26:52	8:39
64	43	Adelyn Platt	SO	Des Moines Christian	26:52	8:39
65		Grace Heginger	FR	Nevada	26:57	8:40
66	44	Emily Scott	SO	Ankeny Christian Academy	27:01	8:42

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Place	Score	Name	Year	School	Time	Pace mpm
67		Katelyn Phillips	SO	North Polk	27:12	8:45
68	45	Naomi Trenkamp	SO	Des Moines Christian	27:14	8:46
69		Bridget Cahill	SR	Nevada	27:25	8:49
70	46	Ren Moyer	JR	Des Moines Lincoln	27:30	8:51
71	47	Sophia Glenn	SO	Ankeny Christian Academy	27:33	8:52
72	48	Maya Maxwell	FR	Ankeny Christian Academy	28:15	9:06
73		Skylar Kula	SO	Bondurant-Farrar	28:47	9:16
74		Josie Farmer	JR	Nevada	28:49	9:16
75		Ella Butler	FR	Bondurant-Farrar	28:50	9:17
76		Emma Henderson	SR	North Polk	29:25	9:28
77		Hannah Drent	JR	North Polk	29:36	9:32
78		Mary Hensley	SO	Nevada	29:36	9:32
79		Keely Williams	SO	Nevada	30:11	9:43
80		Dakota Hastings	SO	Nevada	30:11	9:43
81	49	Mallory Sipma	FR	Colfax-Mingo	31:45	10:13
82	50	Ahtziri Petatan-Sanchez	FR	Des Moines Lincoln	31:51	10:15
83		Morgan Plucar	SO	Bondurant-Farrar	32:54	10:35
84		Mataya Vorm	SO	Nevada	32:56	10:36
85		Rhiley Andersen	SO	North Polk	33:59	10:56
86	51	Sophia Amys	JR	Des Moines Christian	34:24	11:04
87	52	Ayva Torres	SO	Des Moines Lincoln	38:14	12:19

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HS GIRLS 5K North Polk HS 10/3/2022 Sunny 70°

Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) North Polk</b>				<b>6) Colfax-Mingo</b>			
<b>Score = 28</b>				<b>Score = 168</b>			
2	Liza Schaffer, SR	19:50	6:23	20	Shae Wilkins, SO	22:59	7:24
3	Mya Bond, FR	20:32	6:36	31	McKenna Pleima, SR	25:02	8:04
4	Aubrie Kiesling, SR	20:36	6:38	38	Lilyan Hadsall, FR	26:18	8:28
7	Hannah Haaland, FR	21:38	6:58	39	Bianca Lane, FR	26:22	8:29
12	Sophia Campbell, SO	22:21	7:12	40	Devan Chadwick, SO	26:38	8:34
13	Anna Patterson, JR	22:24	7:12	49	Mallory Sipma, FR	31:45	10:13
16	Morgan Meiners, SO	22:41	7:18	<b>7) Des Moines Christian</b>			
	Layla Arp, SO	23:05	7:26	<b>Score = 182</b>			
	Sam Weers, JR	23:22	7:31	26	Allie Hawes, SO	24:10	7:47
	Grace Crippen, FR	24:06	7:46	35	Kira Roberts, FR	25:51	8:19
	Jocelyn Manock, FR	24:23	7:51	36	Reagan Lentz, SR	25:54	8:20
	Mady Cory, FR	25:06	8:05	42	Liza Blomberg, SO	26:52	8:39
	Sophia Hilsabeck, JR	25:47	8:18	43	Adelyn Platt, SO	26:52	8:39
	Stefani Haus, SO	25:57	8:21	45	Naomi Trenkamp, SO	27:14	8:46
	Jenna Manock, FR	26:21	8:29	51	Sophia Amys, JR	34:24	11:04
	Katelyn Phillips, SO	27:12	8:45	<b>8) Ankeny Christian Academy</b>			
	Emma Henderson, SR	29:25	9:28	<b>Score = 191</b>			
	Hannah Drent, JR	29:36	9:32	19	Cambelle Oshirak, SO	22:56	7:23
	Rhiley Andersen, SO	33:59	10:56	33	Jessie Schoening, FR	25:25	8:11
<b>2) Nevada</b>				<b>Boone</b>			
<b>Score = 69</b>				12	Kaylee Chestnut, SO	22:17	7:10
5	Brooke Axmear, FR	21:19	6:52	60	Avery Chestnut, SO	26:24	8:30
8	Tori Meinecke, JR	21:39	6:58	<b>Incomplete Teams:</b>			
11	Alexa Betting, FR	22:04	7:06				
22	Sophia Martinez, FR	23:18	7:30				
23	Ava Vanderhayden, SO	23:20	7:31				
29	Lily Frideres, FR	24:39	7:56				
32	Evelyn Anderson, SO	25:06	8:05				
	Avery Anderson, SO	25:52	8:19				
	Natalie Barber, SR	26:07	8:24				
	Bryn Crain, FR	26:11	8:26				
	Lynze Geerdes, JR	26:12	8:26				
	Tatum Hendricks, SR	26:23	8:30				
	Grace Heginger, FR	26:57	8:40				
	Bridget Cahill, SR	27:25	8:49				
	Josie Farmer, JR	28:49	9:16				
	Mary Hensley, SO	29:36	9:32				
	Keely Williams, SO	30:11	9:43				
	Dakota Hastings, SO	30:11	9:43				
	Mataya Vorm, SO	32:56	10:36				
<b>3) Bondurant-Farrar</b>				<b>5) Des Moines Lincoln</b>			
<b>Score = 73</b>				<b>Score = 130</b>			
9	Bridget Johnson, SR	21:42	6:59	6	Jade Anderson, SR	21:35	6:57
14	Myah Greubel, FR	22:35	7:16	21	Jaenelle Bryant, SR	23:09	7:27
15	Clare Haselhoff, SO	22:35	7:16	27	Jordyn Cherniss, SO	24:33	7:54
17	Kaylen Torrence, SO	22:42	7:18	30	Lily Dillon, FR	25:02	8:03
18	Payton Berger, JR	22:53	7:22	46	Ren Moyer, JR	27:30	8:51
24	Laker Kennedy, SR	23:27	7:33	50	Ahtziri Petatan-Sanchez, FR	31:51	10:15
25	Abbie Neville, JR	23:42	7:38	52	Ayva Torres, SO	38:14	12:19
	Emily Maffin, SO	23:54	7:42				
	Amie Kuennen, FR	24:02	7:44				
	Lily O'Brien, SR	24:18	7:49				
	Gauri Vanbaale, JR	24:30	7:53				
	MacKenzie Poock, SR	25:04	8:04				
	Addi Grosc, SO	26:05	8:24				
	Skylar Kula, SO	28:47	9:16				
	Ella Butler, FR	28:50	9:17				
	Morgan Plucar, SO	32:54	10:35				
<b>4) Lynnville-Sully</b>							
<b>Score = 110</b>							
1	Greenlee Smock, SR	19:21	6:14				
10	Olivia Norrish, SO	21:45	7:00				
28	Kendra Fikse, SR	24:36	7:55				
34	Corrina Rozendaal, SO	25:44	8:17				
37	Brooke Conover, JR	26:13	8:26				
41	Laura Fikse, FR	26:46	8:37				