

North Polk CC Invitational

HS GIRLS North Polk High School 10/5/2020 Sunny 73°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	North Polk	1	5	8	9	10	16	17	= 33	1:47:17	21:27	1:04
2	Gilbert High School	3	4	12	13	19	20	21	= 51	1:49:31	21:54	1:50
3	Des Moines Christian	6	7	11	14	15	29	30	= 53	1:49:29	21:54	0:54
4	Nevada High School	2	22	26	27	32	36	37	= 109	1:56:12	23:14	3:17
5	Collins-Maxwell	18	23	24	25	31	33	35	= 121	1:57:46	23:33	1:26
6	Boone	34	38	40	42	45			= 199	2:12:39	26:32	5:08
7	Saydel	28	39	44	48	49	51	52	= 208	2:21:30	28:18	7:58
8	Colfax-Mingo	41	43	46	47	50	53		= 227	2:27:34	29:31	7:29

Incomplete Teams: Ankeny Christian Academy MS, Lynnville-Sully, Woodward Academy

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Aleah McBee	JR	North Polk	20:42	6:40
2		Greenlee Smock	SO	Lynnville-Sully	20:55	6:44
3	2	Tori Meinecke	FR	Nevada High School	21:01	6:46
4	3	Sophie Vanderpool	JR	Gilbert High School	21:11	6:49
5	4	Abby McGuire	SO	Gilbert High School	21:14	6:50
6	5	Aubrie Kiesling	SO	North Polk	21:23	6:53
7	6	Ella Jicinsky	FR	Des Moines Christian	21:24	6:53
8	7	Kate Muller	SR	Des Moines Christian	21:33	6:56
9	8	Liza Schaffer	SO	North Polk	21:42	6:59
10	9	Bailey Knights	JR	North Polk	21:43	6:59
11	10	Lucy Schaffer	JR	North Polk	21:46	7:00
12	11	Megan Miller	SR	Des Moines Christian	21:58	7:04
13	12	Adi Siegel	FR	Gilbert High School	22:02	7:05
14	13	Clare Stahr	FR	Gilbert High School	22:02	7:06
15	14	Sophie Stineman	JR	Des Moines Christian	22:15	7:10
16	15	Brynn Inserra	JR	Des Moines Christian	22:19	7:11
17	16	Josie Dresen	JR	North Polk	22:41	7:18
18	17	Abi Zimmer	SR	North Polk	22:46	7:20
19	18	Alexis Houge	JR	Collins-Maxwell	22:46	7:20
20	19	Ellie Pyle	SO	Gilbert High School	23:01	7:25
21	20	Mary Thatcher	SR	Gilbert High School	23:07	7:26
22	21	Sarah Thatcher	FR	Gilbert High School	23:08	7:27
23	22	Eleanor Elliott-Rude	SR	Nevada High School	23:09	7:27
24	23	Avery Fricke	JR	Collins-Maxwell	23:18	7:30
25		Ella Gebhart	FR	Gilbert High School	23:25	7:32
26		Kamryn Ogg	SO	Gilbert High School	23:29	7:33
27		Kadence Davenport	JR	North Polk	23:37	7:36
28	24	Morgan Day	SR	Collins-Maxwell	23:38	7:36
29	25	Meyaurah Pratt	SO	Collins-Maxwell	23:52	7:41
30	26	Allison Kruzich	SO	Nevada High School	23:52	7:41
31	27	Bridget Cahill	SO	Nevada High School	23:52	7:41
32		Abigail Staudt	JR	Gilbert High School	23:56	7:42
33	28	Ryley Pecina	FR	Saydel	23:57	7:42
34		Sophie Hilsabeck	FR	North Polk	23:57	7:43
35	29	Reagan Lentz	SO	Des Moines Christian	23:58	7:43
36	30	Madison Shimp	SO	Des Moines Christian	23:58	7:43
37		Anna Patterson	FR	North Polk	24:03	7:44
38		Hannah Overholt	JR	Des Moines Christian	24:05	7:45
39		Samantha McDaniel	SO	Gilbert High School	24:07	7:46
40	31	Karley Ruiz-Genovese	JR	Collins-Maxwell	24:12	7:47
41		Addie Cooper	SR	North Polk	24:15	7:48
42	32	Grace Cahill	SR	Nevada High School	24:18	7:49
43	33	Ashlyn Davis	SO	Collins-Maxwell	24:22	7:50
44	34	Shyanne Brogden	SR	Boone	24:25	7:52
45		Whitney Larson	JR	North Polk	24:28	7:52
46		Megan Van Zante	SR	Lynnville-Sully	24:28	7:52
47	35	Erica Houge	FR	Collins-Maxwell	24:49	7:59
48		Avery Bird	FR	North Polk	24:50	8:00
49		Hallie Johnson	JR	Gilbert High School	24:58	8:02
50	36	Natalie Barber	SO	Nevada High School	25:02	8:03
51		Josie Mesenbrink	JR	Gilbert High School	25:04	8:04
52		Ava Johnson	SO	Gilbert High School	25:08	8:05
53		Ellie Mattson	JR	Gilbert High School	25:17	8:08
54	37	Hannah Fritz	SR	Nevada High School	25:19	8:09
55	38	Megan Reutter	SR	Boone	25:21	8:10
56		Kinsley Tice	SO	Lynnville-Sully	25:37	8:15
57		Taylor Conrad	SR	Nevada High School	25:46	8:18
58		Briar Crain	JR	Nevada High School	25:46	8:18
59		Callista Hackert	JR	Lynnville-Sully	25:52	8:19
60		Maddie Bond	SO	North Polk	26:01	8:22
61		Ali Pieper	JR	Des Moines Christian	26:07	8:24
62		Keara O'Brien	JR	Gilbert High School	26:09	8:25
63	39	Emily Lowe	SR	Saydel	26:18	8:28
64	40	Emmy Lewis	JR	Boone	26:26	8:31
65	41	Joslyn Chadwick	SO	Colfax-Mingo	26:36	8:34
66		Shea Feller	SO	North Polk	26:46	8:37

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Place	Score	Name	Year	School	Time	Pace mpm
67		Kennedy Glaser	SO	Des Moines Christian	26:47	8:37
68		Harlee Rose	SR	North Polk	26:47	8:37
69		Jane Walter	SR	North Polk	26:47	8:37
70		Alex Drent	SR	North Polk	26:48	8:38
71		Sarah Tschantz	FR	Collins-Maxwell	26:51	8:38
72		Grace Ellingson	JR	Gilbert High School	26:52	8:39
73	42	Sophia Rose	SR	Boone	26:53	8:39
74		Alicia Palma-Venegas	JR	Woodward Academy	27:08	8:44
75	43	Daytin Chadwick	SR	Colfax-Mingo	27:19	8:48
76		Emma Henderson	SO	North Polk	27:43	8:55
77		Audrey Faith	JR	Gilbert High School	27:46	8:56
78		Leah Davis	SR	Collins-Maxwell	27:49	8:57
79		Kalista Leners	SR	Gilbert High School	28:02	9:01
80		Kayla Davenport	FR	Ankeny Christian Academy MS	28:16	9:06
81	44	Vanessa Garton	SR	Saydel	28:27	9:10
82		Elle Ellingson	FR	Gilbert High School	28:36	9:12
83		Lynze Geerdes	FR	Nevada High School	29:11	9:24
84		Leah Geerdes	FR	Nevada High School	29:22	9:27
85	45	Molly Alexander	JR	Boone	29:33	9:31
86		Katy Schnormeier	SR	Gilbert High School	29:35	9:31
87	46	Kirsten Frier	JR	Colfax-Mingo	29:36	9:32
88		Sophia Amys	FR	Des Moines Christian	29:56	9:38
89	47	Brennan Rhone	SR	Colfax-Mingo	29:58	9:39
90		Sarah Mehari	FR	Nevada High School	30:26	9:48
91		Kaitlyn Richards	SR	North Polk	30:30	9:49
92		Olivia Cooper	SR	North Polk	30:44	9:54
93	48	Rachel Barton	JR	Saydel	30:54	9:57
94		Saron Mehariredae	JR	Nevada High School	31:20	10:05
95		Kylie Franzen	JR	Gilbert High School	31:30	10:08
96	49	Jamie Fleming	JR	Saydel	31:55	10:16
97		Sammie Herridge	JR	Nevada High School	32:09	10:21
98		Josie Baggs	SO	Gilbert High School	32:21	10:25
99		Paige Vincent	FR	Nevada High School	33:40	10:50
100	50	Elayna Creech	SR	Colfax-Mingo	34:05	10:58
101		Sara Alqurashi	SO	Gilbert High School	34:32	11:07
102	51	MacI Lowe	SO	Saydel	34:37	11:09
103	52	Alivia Brooks	SO	Saydel	35:32	11:26
104	53	Miranda McGill	SR	Colfax-Mingo	37:21	12:01

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) North Polk				Score = 33			
1	Aleah McBee, JR	20:42	6:40				
5	Aubrie Kiesling, SO	21:23	6:53				
8	Liza Schaffer, SO	21:42	6:59				
9	Bailey Knights, JR	21:43	6:59				
10	Lucy Schaffer, JR	21:46	7:00				
16	Josie Dresen, JR	22:41	7:18				
17	Abi Zimmer, SR	22:46	7:20				
	Kadence Davenport, JR	23:37	7:36				
	Sophie Hilsabeck, FR	23:57	7:43				
	Anna Patterson, FR	24:03	7:44				
	Addie Cooper, SR	24:15	7:48				
	Whitney Larson, JR	24:28	7:52				
	Avery Bird, FR	24:50	8:00				
	Maddie Bond, SO	26:01	8:22				
	Shea Feller, SO	26:46	8:37				
	Harlee Rose, SR	26:47	8:37				
	Jane Walter, SR	26:47	8:37				
	Alex Drent, SR	26:48	8:38				
	Emma Henderson, SO	27:43	8:55				
	Kaitlyn Richards, SR	30:30	9:49				
	Olivia Cooper, SR	30:44	9:54				
2) Gilbert High School				Score = 51			
3	Sophie Vanderpool, JR	21:11	6:49				
4	Abby McGuire, SO	21:14	6:50				
12	Adi Siegel, FR	22:02	7:05				
13	Clare Stahr, FR	22:02	7:06				
19	Ellie Pyle, SO	23:01	7:25				
20	Mary Thatcher, SR	23:07	7:26				
21	Sarah Thatcher, FR	23:08	7:27				
	Ella Gebhart, FR	23:25	7:32				
	Kamryn Ogg, SO	23:29	7:33				
	Abigail Staudt, JR	23:56	7:42				
	Samantha McDaniel, SO	24:07	7:46				
	Hallie Johnson, JR	24:58	8:02				
	Josie Mesenbrink, JR	25:04	8:04				
	Ava Johnson, SO	25:08	8:05				
	Ellie Mattson, JR	25:17	8:08				
	Keara O'Brien, JR	26:09	8:25				
	Grace Ellingson, JR	26:52	8:39				
	Audrey Faith, JR	27:46	8:56				
	Kalista Leners, SR	28:02	9:01				
	Elle Ellingson, FR	28:36	9:12				
	Katy Schnormeier, SR	29:35	9:31				
	Kylie Franzen, JR	31:30	10:08				
	Josie Baggs, SO	32:21	10:25				
	Sara Alqurashi, SO	34:32	11:07				
3) Des Moines Christian				Score = 53			
6	Ella Jicinsky, FR	21:24	6:53				
7	Kate Muller, SR	21:33	6:56				
11	Megan Miller, SR	21:58	7:04				
14	Sophie Stineman, JR	22:15	7:10				
15	Brynn Inserra, JR	22:19	7:11				
29	Reagan Lentz, SO	23:58	7:43				
30	Madison Shimp, SO	23:58	7:43				
	Hannah Overholt, JR	24:05	7:45				
	Ali Pieper, JR	26:07	8:24				
	Kennedy Glaser, SO	26:47	8:37				
	Sophia Amys, FR	29:56	9:38				
4) Nevada High School				Score = 109			
2	Tori Meinecke, FR	21:01	6:46				
22	Eleanor Elliott-Rude, SR	23:09	7:27				
26	Allison Kruzich, SO	23:52	7:41				
27	Bridget Cahill, SO	23:52	7:41				
32	Grace Cahill, SR	24:18	7:49				
36	Natalie Barber, SO	25:02	8:03				
37	Hannah Fritz, SR	25:19	8:09				
	Taylor Conrad, SR	25:46	8:18				
	Briar Crain, JR	25:46	8:18				
	Lynze Geerdes, FR	29:11	9:24				
	Leah Geerdes, FR	29:22	9:27				
	Sarah Mehari, FR	30:26	9:48				
	Saron Mehariredae, JR	31:20	10:05				
	Sammie Herridge, JR	32:09	10:21				
	Paige Vincent, FR	33:40	10:50				
5) Collins-Maxwell				Score = 121			
18	Alexis Houge, JR	22:46	7:20				
23	Avery Fricke, JR	23:18	7:30				
24	Morgan Day, SR	23:38	7:36				
25	Meyaurah Pratt, SO	23:52	7:41				
31	Karley Ruiz-Genovese, JR	24:12	7:47				
33	Ashlyn Davis, SO	24:22	7:50				
35	Erica Houge, FR	24:49	7:59				
	Sarah Tschantz, FR	26:51	8:38				
	Leah Davis, SR	27:49	8:57				
6) Boone				Score = 199			
34	Shyanne Brogden, SR	24:25	7:52				
38	Megan Reutter, SR	25:21	8:10				
40	Emmy Lewis, JR	26:26	8:31				
42	Sophia Rose, SR	26:53	8:39				
45	Molly Alexander, JR	29:33	9:31				
7) Saydel				Score = 208			
28	Ryley Pecina, FR	23:57	7:42				
39	Emily Lowe, SR	26:18	8:28				
44	Vanessa Garton, SR	28:27	9:10				
48	Rachel Barton, JR	30:54	9:57				
49	Jamie Fleming, JR	31:55	10:16				
51	MacI Lowe, SO	34:37	11:09				
52	Alivia Brooks, SO	35:32	11:26				
8) Colfax-Mingo				Score = 227			
41	Joslyn Chadwick, SO	26:36	8:34				
43	Daytin Chadwick, SR	27:19	8:48				
46	Kirsten Frier, JR	29:36	9:32				
47	Brennan Rhone, SR	29:58	9:39				
50	Elayna Creech, SR	34:05	10:58				
53	Miranda McGill, SR	37:21	12:01				
Incomplete Teams:							
Ankeny Christian Academy MS							
80	Kayla Davenport, FR	28:16	9:06				
Lynnville-Sully							
2	Greenlee Smock, SO	20:55	6:44				
46	Megan Van Zante, SR	24:28	7:52				
56	Kinsley Tice, SO	25:37	8:15				
59	Callista Hackert, JR	25:52	8:19				
Woodward Academy							
74	Alicia Palma-Venegas, JR	27:08	8:44				