

PANORAMA CC INVITE

HS GIRLS 5K Panora, IA 9/16/2021 Sunny 85°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Clarinda	1	5	15	23	27	40	72	= 71	1:54:30	22:54	3:26
2	Van Meter	2	3	14	29	39	48	51	= 87	1:55:53	23:11	4:17
3	Des Moines Christian	8	9	22	24	25	26	31	= 88	1:57:34	23:31	1:15
4	Earlham	4	7	38	43	49	52	63	= 141	2:02:57	24:35	4:28
5	ACGC	11	18	37	42	45	46	67	= 153	2:03:59	24:48	3:04
6	Tri-Center	17	20	32	34	54	84		= 157	2:03:53	24:47	3:28
7	West Central Valley	6	10	33	64	69	74	78	= 182	2:05:55	25:11	6:01
8	Kuemper Catholic	16	30	36	65	66	75	76	= 213	2:08:43	25:45	4:35
9	IKM-Manning	28	35	55	59	62			= 239	2:11:04	26:13	3:13
10	Nodaway Valley	21	41	47	50	80			= 239	2:14:08	26:50	7:36
11	Madrid	12	53	56	60	61	71	88	= 242	2:11:55	26:23	4:17
12	Ogden	13	19	57	77	79	82		= 245	2:15:54	27:11	7:56
13	Exira-EHK	44	68	73	87	89			= 361	2:36:55	31:23	12:45
14	Southeast Valley	58	70	81	83	85	86		= 377	2:34:54	30:59	6:46

Incomplete Teams: Audubon, Greene County, Orient-Macksburg, Panorama

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Mayson Hartley	JR	Clarinda	20:43	6:40
2	2	Clare Kelly	JR	Van Meter	21:01	6:46
3	3	Mary Kelly	JR	Van Meter	22:06	7:07
4	4	Olivia Spurling	SO	Earlham	22:13	7:09
5	5	Raenna Henke	FR	Clarinda	22:19	7:11
6	6	Chasey Rowan	SO	West Central Valley	22:25	7:13
7	7	Lily Dixon	JR	Earlham	22:45	7:19
8	8	Reagan Zimmer	FR	Des Moines Christian	22:48	7:20
9	9	Ella Jicinsky	SO	Des Moines Christian	22:49	7:21
10	10	Taitlin Koch	SO	West Central Valley	22:55	7:23
11	11	Hayden Coffman	SO	ACGC	23:05	7:26
12	12	Emily White	JR	Madrid	23:05	7:26
13	13	Dakota Tromblay	SO	Ogden	23:11	7:28
14	14	Brooklyn Fryar	SO	Van Meter	23:12	7:28
15	15	Ashlyn Eberly	SR	Clarinda	23:22	7:31
16	16	Marie Dea	SO	Kuemper Catholic	23:24	7:32
17		Stefi Beisswenger	FR	Audubon	23:30	7:34
18	17	Quincey Schneckloth	FR	Tri-Center	23:33	7:35
19	18	Adalyn Benson	FR	ACGC	23:35	7:36
20	19	Kayden Spencer	JR	Ogden	23:38	7:36
21		Grace Slater	SR	Audubon	23:42	7:38
22	20	Jaden Franke	JR	Tri-Center	23:43	7:38
23	21	Jazz Christensen	FR	Nodaway Valley	23:48	7:40
24		Bridget Bracy	SO	Orient-Macksburg	23:50	7:40
25	22	Abby Ten Pas	SO	Des Moines Christian	23:54	7:42
26		Hannah Thygesen	SR	Audubon	23:56	7:42
27	23	Callie King	FR	Clarinda	23:57	7:43
28	24	Amelia Samuelson	SR	Des Moines Christian	23:59	7:43
29	25	Sami Webster	JR	Des Moines Christian	24:03	7:45
30	26	Brynn Inserra	SR	Des Moines Christian	24:05	7:45
31	27	Cheyenne Sunderman	SR	Clarinda	24:09	7:47
32	28	Emily Albertsen	FR	IKM-Manning	24:13	7:48
33	29	Emma McCoy	FR	Van Meter	24:17	7:49
34	30	Julia Kanne	SO	Kuemper Catholic	24:17	7:49
35	31	Ali Pieper	SR	Des Moines Christian	24:28	7:52
36	32	Karis Corrin	SR	Tri-Center	24:39	7:56
37	33	Zalina Morse	FR	West Central Valley	24:39	7:56
38		Gabby Grove	FR	Des Moines Christian	24:55	8:01
39	34	Kyla Corrin	SR	Tri-Center	24:57	8:02
40		Payton Beckman	SR	Panorama	24:58	8:02
41	35	Reagan Garrison	FR	IKM-Manning	25:04	8:04
42	36	Siena Argarin	SR	Kuemper Catholic	25:06	8:05
43	37	Kiersten Knobbe	JR	ACGC	25:13	8:07
44	38	Hannah Frank	FR	Earlham	25:14	8:07
45	39	Reagan Wiedman	JR	Van Meter	25:18	8:09
46	40	Amelia Hesse	SO	Clarinda	25:23	8:10
47		Meg Muller	FR	Des Moines Christian	25:43	8:17
48	41	Annika Nelson	SO	Nodaway Valley	25:55	8:20
49	42	Paige Van Meter	FR	ACGC	25:56	8:21
50	43	Taylor Jensen	JR	Earlham	26:04	8:23
51	44	Ella Petersen	JR	Exira-EHK	26:07	8:24
52	45	Katelyn Schafer	SO	ACGC	26:10	8:25
53	46	Jayla Hoover	FR	ACGC	26:12	8:26
54		Kiersten Steensen	FR	Des Moines Christian	26:15	8:27
55	47	Erin Ford	SR	Nodaway Valley	26:19	8:28
56	48	Eve Hyer	SO	Van Meter	26:28	8:31
57		Olivia Shannon	JR	Greene County	26:37	8:34
58	49	Carly Schaffer	SR	Earlham	26:41	8:35
59	50	Lily Day	JR	Nodaway Valley	26:41	8:35
60	51	Claire Newell	JR	Van Meter	26:52	8:39

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Place	Score	Name	Year	School	Time	Pace mpm
61	52	Morgan Wyllie	SR	Earlham	26:55	8:40
62	53	Mila Grothus	FR	Madrid	26:58	8:41
63		Allie Hawes	FR	Des Moines Christian	27:00	8:41
64	54	Olivia Matson	SR	Tri-Center	27:02	8:42
65	55	Kaitlyn Spoelstra	JR	IKM-Manning	27:06	8:43
66	56	Preslei Pflug	FR	Madrid	27:09	8:44
67	57	Addy Trusler	FR	Ogden	27:09	8:44
68	58	Hailey Rees	FR	Southeast Valley	27:14	8:46
69	59	Julianna Stribe	JR	IKM-Manning	27:16	8:46
70	60	Alex Grimm	SO	Madrid	27:20	8:48
71	61	Paige Ridenour	SR	Madrid	27:22	8:48
72	62	Maddy Snyder	JR	IKM-Manning	27:25	8:50
73	63	Mia Terry	SR	Earlham	27:29	8:51
74	64	Cadence Heilman	FR	West Central Valley	27:29	8:51
75		Maddie Miesen	FR	Des Moines Christian	27:30	8:51
76		Leah Fett	SR	Panorama	27:49	8:57
77	65	Callie Ferneding	SO	Kuemper Catholic	27:58	9:00
78	66	Samantha Tidgren	SR	Kuemper Catholic	27:58	9:00
79	67	Emmarae Ellis	FR	ACGC	27:59	9:00
80	68	Kate Hansen	SR	Exira-EHK	28:02	9:02
81	69	Shaynn Wahman	SR	West Central Valley	28:26	9:09
82	70	Madison Doyle	SR	Southeast Valley	28:32	9:11
83		Jayne Terwilliger	JR	Earlham	28:37	9:13
84	71	Kate Holmes	SO	Madrid	28:37	9:13
85		Emma Bruins	SO	Van Meter	28:51	9:17
86	72	Kaedance Daly	FR	Clarinda	29:01	9:20
87	73	MacY Emgarten	SR	Exira-EHK	29:01	9:21
88		Avery Bahrenfuss	SO	Panorama	29:07	9:22
89		Liza Blomberg	FR	Des Moines Christian	29:39	9:32
90	74	Kate Dredge	JR	West Central Valley	29:42	9:34
91		Grace Sweers	SR	Earlham	29:45	9:35
92		Tessa Schaffer	SO	Van Meter	30:02	9:40
93	75	Keziah Janssen	JR	Kuemper Catholic	30:13	9:44
94	76	Alexandria Klein	SR	Kuemper Catholic	30:39	9:52
95		Julia Craig	FR	Kuemper Catholic	30:48	9:55
96	77	Allie Buxton	FR	Ogden	30:49	9:55
97		Shae Bernhardt	SR	Van Meter	30:51	9:56
98		Giulia Clementi	JR	Kuemper Catholic	30:54	9:57
99	78	Faith Rowan	SO	West Central Valley	30:56	9:57
100	79	Parker Craighton	FR	Ogden	31:07	10:01
101		Hannah Higgins	FR	Clarinda	31:18	10:04
102	80	Hope Kading	JR	Nodaway Valley	31:24	10:07
103		Mia Ocheltree	SR	ACGC	31:25	10:07
104		Katie Steward	SO	Earlham	31:55	10:16
105	81	Shelby Mills	SR	Southeast Valley	32:25	10:26
106	82	Marinza Roosa	SO	Ogden	32:36	10:30
107		Ana Schreck	FR	Van Meter	32:37	10:30
108	83	Meranda Hemmestad	SO	Southeast Valley	32:43	10:32
109		Autumn Stevens	JR	Greene County	32:52	10:35
110		Kaisen Styppa	SO	Kuemper Catholic	32:57	10:36
111	84	Hope McPhillips	JR	Tri-Center	33:12	10:41
112		Sophia Amys	SO	Des Moines Christian	33:19	10:44
113	85	Alexis Peterson	SO	Southeast Valley	34:00	10:57
114		Ravyn Salmons	JR	Clarinda	34:19	11:03
115	86	Haley Stewart	SO	Southeast Valley	34:30	11:06
116		Madison Burr	SO	Audubon	34:30	11:06
117	87	Ruby Vanderwal	FR	Exira-EHK	34:52	11:13
118		Aubrey Nichols	SR	Earlham	34:54	11:14
119	88	Loren Troyer	FR	Madrid	35:30	11:26
120		Sammie Pagel	JR	Madrid	35:48	11:31
121		Isabel Atkinson	FR	Madrid	36:21	11:42
122	89	Olivia Dixon	FR	Exira-EHK	38:52	12:31
123		Ashlynn Foster	SO	West Central Valley	44:47	14:25

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Clarinda Score = 71				7) West Central Valley Score = 182			
1	Mayson Hartley, JR	20:43	6:40	6	Chasey Rowan, SO	22:25	7:13
5	Raenna Henke, FR	22:19	7:11	10	Taitlin Koch, SO	22:55	7:23
15	Ashlyn Eberly, SR	23:22	7:31	33	Zalina Morse, FR	24:39	7:56
23	Callie King, FR	23:57	7:43	64	Cadence Heilman, FR	27:29	8:51
27	Cheyenne Sunderman, SR	24:09	7:47	69	Shaynn Wahman, SR	28:26	9:09
40	Amelia Hesse, SO	25:23	8:10	74	Kate Dredge, JR	29:42	9:34
72	Kaedance Daly, FR	29:01	9:20	78	Faith Rowan, SO	30:56	9:57
	Hannah Higgins, FR	31:18	10:04		Ashlynn Foster, SO	44:47	14:25
	Ravyn Salmons, JR	34:19	11:03				
2) Van Meter Score = 87				8) Kuemper Catholic Score = 213			
2	Clare Kelly, JR	21:01	6:46	16	Marie Dea, SO	23:24	7:32
3	Mary Kelly, JR	22:06	7:07	30	Julia Kanne, SO	24:17	7:49
14	Brooklyn Fryar, SO	23:12	7:28	36	Siena Argarin, SR	25:06	8:05
29	Emma McCoy, FR	24:17	7:49	65	Callie Ferneding, SO	27:58	9:00
39	Reagan Wiedman, JR	25:18	8:09	66	Samantha Tidgren, SR	27:58	9:00
48	Eve Hyer, SO	26:28	8:31	75	Keziah Janssen, JR	30:13	9:44
51	Claire Newell, JR	26:52	8:39	76	Alexandria Klein, SR	30:39	9:52
	Emma Bruins, SO	28:51	9:17		Julia Craig, FR	30:48	9:55
	Tessa Schaffer, SO	30:02	9:40		Giulia Clementi, JR	30:54	9:57
	Shae Bernhardt, SR	30:51	9:56		Kaisen Stypa, SO	32:57	10:36
	Ana Schreck, FR	32:37	10:30				
3) Des Moines Christian Score = 88				9) IKM-Manning Score = 239			
8	Reagan Zimmer, FR	22:48	7:20	28	Emily Albertsen, FR	24:13	7:48
9	Ella Jicinsky, SO	22:49	7:21	35	Reagan Garrison, FR	25:04	8:04
22	Abby Ten Pas, SO	23:54	7:42	55	Kaitlyn Spoelstra, JR	27:06	8:43
24	Amelia Samuelson, SR	23:59	7:43	59	Juliana Stribe, JR	27:16	8:46
25	Sami Webster, JR	24:03	7:45	62	Maddy Snyder, JR	27:25	8:50
26	Brynn Inserra, SR	24:05	7:45				
31	Ali Pieper, SR	24:28	7:52	10) Nodaway Valley Score = 239			
	Gabby Grove, FR	24:55	8:01	21	Jazz Christensen, FR	23:48	7:40
	Meg Muller, FR	25:43	8:17	41	Annika Nelson, SO	25:55	8:20
	Kiersten Steensen, FR	26:15	8:27	47	Erin Ford, SR	26:19	8:28
	Allie Hawes, FR	27:00	8:41	50	Lily Day, JR	26:41	8:35
	Maddie Miesen, FR	27:30	8:51	80	Hope Kading, JR	31:24	10:07
	Liza Blomberg, FR	29:39	9:32				
	Sophia Amys, SO	33:19	10:44	11) Madrid Score = 242			
4) Earlham Score = 141				12	Emily White, JR	23:05	7:26
4	Olivia Spurling, SO	22:13	7:09	53	Mila Grothus, FR	26:58	8:41
7	Lily Dixon, JR	22:45	7:19	56	Preslei Pflug, FR	27:09	8:44
38	Hannah Frank, FR	25:14	8:07	60	Alex Grimm, SO	27:20	8:48
43	Taylor Jensen, JR	26:04	8:23	61	Paige Ridenour, SR	27:22	8:48
49	Carly Schaffer, SR	26:41	8:35	71	Kate Holmes, SO	28:37	9:13
52	Morgan Wyllie, SR	26:55	8:40	88	Loren Troyer, FR	35:30	11:26
63	Mia Terry, SR	27:29	8:51		Sammie Pagel, JR	35:48	11:31
	Jayne Terwilliger, JR	28:37	9:13		Isabel Atkinson, FR	36:21	11:42
	Grace Sweers, SR	29:45	9:35	12) Ogdon Score = 245			
	Katie Steward, SO	31:55	10:16	13	Dakota Tromblay, SO	23:11	7:28
	Aubrey Nichols, SR	34:54	11:14	19	Kayden Spencer, JR	23:38	7:36
5) ACGC Score = 153				57	Addy Trusler, FR	27:09	8:44
11	Hayden Coffman, SO	23:05	7:26	77	Allie Buxton, FR	30:49	9:55
18	Adalyn Benson, FR	23:35	7:36	79	Parker Craighton, FR	31:07	10:01
37	Kiersten Knobbe, JR	25:13	8:07	82	Marinza Roosa, SO	32:36	10:30
42	Paige Van Meter, FR	25:56	8:21	13) Exira-EHK Score = 361			
45	Katelyn Schafer, SO	26:10	8:25	44	Ella Petersen, JR	26:07	8:24
46	Jayla Hoover, FR	26:12	8:26	68	Kate Hansen, SR	28:02	9:02
67	Emmarae Ellis, FR	27:59	9:00	73	MacY Emgarten, SR	29:01	9:21
	Mia Ocheltree, SR	31:25	10:07	87	Ruby Vanderwal, FR	34:52	11:13
				89	Olivia Dixon, FR	38:52	12:31
6) Tri-Center Score = 157				14) Southeast Valley Score = 377			
17	Quincey Schneckloth, FR	23:33	7:35	58	Hailey Rees, FR	27:14	8:46
20	Jaden Franke, JR	23:43	7:38	70	Madison Doyle, SR	28:32	9:11
32	Karis Corrin, SR	24:39	7:56	81	Shelby Mills, SR	32:25	10:26
34	Kyla Corrin, SR	24:57	8:02	83	Meranda Hemmestad, SO	32:43	10:32
54	Olivia Matson, SR	27:02	8:42	85	Alexis Peterson, SO	34:00	10:57
84	Hope McPhillips, JR	33:12	10:41	86	Haley Stewart, SO	34:30	11:06
Incomplete Teams:							
Audubon							
	17	Stefi Beisswenger, FR	23:30	7:34			
	21	Grace Slater, SR	23:42	7:38			
	26	Hannah Thygesen, SR	23:56	7:42			
	116	Madison Burr, SO	34:30	11:06			

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HS GIRLS 5K Panora, IA 9/16/2021 Sunny 85°

Place	Name	Time	mpm	Place	Name	Time	mpm
Greene County							
57	Olivia Shannon, JR	26:37	8:34				
109	Autumn Stevens, JR	32:52	10:35				
Orient-Macksburg							
24	Bridget Bracy, SO	23:50	7:40				
Panorama							
40	Payton Beckman, SR	24:58	8:02				
76	Leah Fett, SR	27:49	8:57				
88	Avery Bahrenfuss, SO	29:07	9:22				