

# WEST CENTRAL VALLEY CC INVITE

Varsity/JV WC Valley Girls 5K    West Central Valley HS    9/2/2021    Partly Cloudy 88°

Place	School	1	2	3	4	5	6	7	Total	TTL Time	Ave Time	Spread
1	West Central Valley	5	11	20	23	31	54		= 90	2:05:44	25:09	3:56
2	Nodaway Valley	9	12	17	18	39			= 95	2:07:50	25:34	5:21
3	Kuemper Catholic	2	14	21	25	34	35	38	= 96	2:06:13	25:15	5:14
4	Audubon	3	4	8	42	48			= 105	2:13:12	26:38	10:36
5	Interstate 35	1	6	22	40	44			= 113	2:11:13	26:15	9:16
6	Grandview Christian	10	13	24	33	37	49	52	= 117	2:10:21	26:04	5:06
7	Saydel	15	16	26	28	32	50	51	= 117	2:10:42	26:08	2:08
8	Exira-EHK School	19	27	29	41	45			= 161	2:20:03	28:01	5:29
9	Southwest Valley	7	30	36	43	46	47	53	= 162	2:20:18	28:04	8:16

Incomplete Teams: Ankeny Christian Academy, CAM High School, Greene County

Place	Score	Name	Year	School	Time	Pace	mpm
1	1	Abbi Goering	SR	Interstate 35	21:46	7:00	
2	2	Julia Kanne	SO	Kuemper Catholic	22:05	7:06	
3	3	Grace Slater	JR	Audubon	22:50	7:21	
4	4	Stefi Beisswenger	FR	Audubon	23:04	7:26	
5	5	Taitlin Koch	SO	West Central Valley	23:08	7:27	
6	6	Olivia Phillips	FR	Interstate 35	23:14	7:29	
7	7	Christine Andrews	SR	Southwest Valley	23:15	7:29	
8	8	Hannah Thygesen	JR	Audubon	23:28	7:33	
9	9	Jazz Christensen	FR	Nodaway Valley	23:38	7:36	
10	10	Clara Hol	JR	Grandview Christian	23:43	7:38	
11	11	Zalina Morse	FR	West Central Valley	24:14	7:48	
12	12	Annika Nelson	SO	Nodaway Valley	24:27	7:52	
13	13	Katie Murphy	SO	Grandview Christian	24:38	7:56	
14	14	Siena Argarin	SR	Kuemper Catholic	24:49	7:59	
15	15	Ryley Pecina	JR	Saydel	24:58	8:02	
16	16	Clara Tylavsky	SO	Saydel	24:58	8:02	
17		Olivia Shannon	JR	Greene County	25:10	8:06	
18	17	Erin Ford	SR	Nodaway Valley	25:15	8:08	
19	18	Lily Day	SO	Nodaway Valley	25:31	8:13	
20	19	Ella Petersen	JR	Exira-EHK School	25:34	8:14	
21	20	Cadence Heilman	FR	West Central Valley	25:36	8:14	
22	21	Grace C. Hoffman	SO	Kuemper Catholic	25:39	8:15	
23	22	Lauren Bussanmas	JR	Interstate 35	25:40	8:16	
24	23	Kate Dredge	JR	West Central Valley	25:41	8:16	
25	24	Naomi Parlee	SO	Grandview Christian	25:57	8:21	
26	25	Kyra Wolterman	SO	Kuemper Catholic	26:22	8:29	
27		Carley Dennis	SO	CAM High School	26:32	8:32	
28	26	Cara Vitiritto	JR	Saydel	26:47	8:37	
29	27	Kate Hansen	SR	Exira-EHK School	26:51	8:39	
30	28	Emilie Rogers	SO	Saydel	26:53	8:39	
31	29	MacY Emgarten	SR	Exira-EHK School	26:58	8:41	
32	30	Kya Newton	SO	Southwest Valley	27:01	8:42	
33	31	Shaynn Wahman	SR	West Central Valley	27:04	8:43	
34	32	Madison Rogers	JR	Saydel	27:06	8:43	
35	33	Jessy Lane	SO	Grandview Christian	27:15	8:46	
36	34	Julia Craig	FR	Kuemper Catholic	27:19	8:48	
37		Lindsey Chaney	FR	CAM High School	27:27	8:50	
38	35	Callie Ferneding	SO	Kuemper Catholic	27:39	8:54	
39	36	Olivia Kathikar	FR	Southwest Valley	27:48	8:57	
40	37	Kennedy Knight	FR	Grandview Christian	28:49	9:16	
41	38	Lydia Meiners	JR	Kuemper Catholic	28:56	9:19	
42	39	Hope Kading	JR	Nodaway Valley	28:59	9:20	
43	40	Allyce Phillips	SO	Interstate 35	29:32	9:30	
44	41	Gracie Bartz	FR	Exira-EHK School	29:36	9:32	
45		Samjhana Zapata	JR	Kuemper Catholic	29:59	9:39	
46	42	Autumn Zaiger	SO	Audubon	30:23	9:47	
47	43	Karissa Richey	SO	Southwest Valley	30:43	9:53	
48		Autumn Stevens	JR	Greene County	30:56	9:57	
49	44	Kaylin Woosley	SO	Interstate 35	31:02	9:59	
50	45	Ruby Vanderwal	FR	Exira-EHK School	31:03	10:00	
51	46	Seirra Pearson	SO	Southwest Valley	31:31	10:09	
52		Kaisen Stypa	SO	Kuemper Catholic	31:31	10:09	
53		Mia South	SO	CAM High School	31:50	10:15	
54		Lydia Rouse	SO	CAM High School	32:02	10:19	
55		Bella Linberg	JR	Greene County	32:17	10:24	
56	47	Victoria Fletchall	FR	Southwest Valley	32:54	10:35	
57		Sophia Glenn	FR	Ankeny Christian Academy	33:10	10:40	
58	48	Madison Burr	SO	Audubon	33:26	10:46	
59	49	Nina Moulton	SO	Grandview Christian	33:27	10:46	
60	50	Rachel Barton	SR	Saydel	34:02	10:57	
61	51	Alivia Brooks	JR	Saydel	34:10	11:00	
62	52	Rachel Brown	SO	Grandview Christian	35:48	11:31	
63		MacI Lowe	JR	Saydel	37:39	12:07	
64	53	Julia Means	JR	Southwest Valley	38:21	12:20	
65		Alice Williams	SR	Southwest Valley	39:06	12:35	

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Place	Score	Name	Year	School	Time	Pace mpm
66		Layla Konecne	SO	Southwest Valley	39:22	12:40
67		Averyle Butcher	FR	Southwest Valley	39:22	12:40
68	54	Ashlynn Foster	SO	West Central Valley	40:34	13:04

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Place	Name	Time	mpm	Place	Name	Time	mpm
<b>1) West Central Valley</b>				<b>Score = 90</b>			
5	Taitlin Koch, SO	23:08	7:27	Incomplete Teams:			
11	Zalina Morse, FR	24:14	7:48	<b>Ankeny Christian Academy</b>			
20	Cadence Heilman, FR	25:36	8:14	57	Sophia Glenn, FR	33:10	10:40
23	Kate Dredge, JR	25:41	8:16	<b>CAM High School</b>			
31	Shaynn Wahman, SR	27:04	8:43	27	Carley Dennis, SO	26:32	8:32
54	Ashlynn Foster, SO	40:34	13:04	37	Lindsey Chaney, FR	27:27	8:50
<b>2) Nodaway Valley</b>				<b>Score = 95</b>			
9	Jazz Christensen, FR	23:38	7:36	53	Mia South, SO	31:50	10:15
12	Annika Nelson, SO	24:27	7:52	54	Lydia Rouse, SO	32:02	10:19
17	Erin Ford, SR	25:15	8:08	<b>Greene County</b>			
18	Lily Day, SO	25:31	8:13	17	Olivia Shannon, JR	25:10	8:06
39	Hope Kading, JR	28:59	9:20	48	Autumn Stevens, JR	30:56	9:57
<b>3) Kuemper Catholic</b>				<b>Score = 96</b>			
2	Julia Kanne, SO	22:05	7:06	55	Bella Linberg, JR	32:17	10:24
14	Siena Argarin, SR	24:49	7:59				
21	Grace C. Hoffman, SO	25:39	8:15				
25	Kyra Wolterman, SO	26:22	8:29				
34	Julia Craig, FR	27:19	8:48				
35	Callie Ferneding, SO	27:39	8:54				
38	Lydia Meiners, JR	28:56	9:19				
	Samjhana Zapata, JR	29:59	9:39				
	Kaisen Stypa, SO	31:31	10:09				
<b>4) Audubon</b>				<b>Score = 105</b>			
3	Grace Slater, JR	22:50	7:21				
4	Stefi Beisswenger, FR	23:04	7:26				
8	Hannah Thygesen, JR	23:28	7:33				
42	Autumn Zaiger, SO	30:23	9:47				
48	Madison Burr, SO	33:26	10:46				
<b>5) Interstate 35</b>				<b>Score = 113</b>			
1	Abbi Goering, SR	21:46	7:00				
6	Olivia Phillips, FR	23:14	7:29				
22	Lauren Bussanmas, JR	25:40	8:16				
40	Allyce Phillips, SO	29:32	9:30				
44	Kaylin Woosley, SO	31:02	9:59				
<b>6) Grandview Christian</b>				<b>Score = 117</b>			
10	Clara Hol, JR	23:43	7:38				
13	Katie Murphy, SO	24:38	7:56				
24	Naomi Parlee, SO	25:57	8:21				
33	Jessy Lane, SO	27:15	8:46				
37	Kennedy Knight, FR	28:49	9:16				
49	Nina Moulton, SO	33:27	10:46				
52	Rachel Brown, SO	35:48	11:31				
<b>7) Saydel</b>				<b>Score = 117</b>			
15	Ryley Pecina, JR	24:58	8:02				
16	Clara Tylavsky, SO	24:58	8:02				
26	Cara Vitiritto, JR	26:47	8:37				
28	Emilie Rogers, SO	26:53	8:39				
32	Madison Rogers, JR	27:06	8:43				
50	Rachel Barton, SR	34:02	10:57				
51	Alivia Brooks, JR	34:10	11:00				
	MacI Lowe, JR	37:39	12:07				
<b>8) Exira-EHK School</b>				<b>Score = 161</b>			
19	Ella Petersen, JR	25:34	8:14				
27	Kate Hansen, SR	26:51	8:39				
29	MacY Emgarten, SR	26:58	8:41				
41	Gracie Bartz, FR	29:36	9:32				
45	Ruby Vanderwal, FR	31:03	10:00				
<b>9) Southwest Valley</b>				<b>Score = 162</b>			
7	Christine Andrews, SR	23:15	7:29				
30	Kya Newton, SO	27:01	8:42				
36	Olivia Kathikar, FR	27:48	8:57				
43	Karissa Richey, SO	30:43	9:53				
46	Seirra Pearson, SO	31:31	10:09				
47	Victoria Fletchall, FR	32:54	10:35				
53	Julia Means, JR	38:21	12:20				
	Alice Williams, SR	39:06	12:35				
	Layla Konecne, SO	39:22	12:40				
	Averyle Butcher, FR	39:22	12:40				