

17th ANNUAL VIKING CROSS COUNTRY INVITATIONAL

WOMENS 5K DMACC Ankeny Campus 9/25/2021 Sunny 84°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Grand View University	1	3	4	8	9	12	13	= 25	1:39:53	19:59	1:57
2	Indian Hills	5	14	16	17	19	21	25	= 71	1:47:33	21:31	2:03
3	Benedictine College	7	11	22	32	33	34	36	= 105	1:50:38	22:08	2:58
4	DMACC	10	20	29	31	37			= 127	1:54:19	22:52	3:42
5	Coe College	6	24	26	35	42	45		= 133	1:55:54	23:11	5:18
6	St. Ambrose University	2	28	30	41	43	46		= 144	1:57:11	23:26	6:11
7	Waldorf	15	27	39	40	44			= 165	2:00:41	24:08	4:19
8	Iowa Wesleyan University	18	23	38	47	48			= 174	2:12:34	26:31	10:36

Incomplete Teams: Faith Baptist Bible College, Graceland University, William Penn University

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Morgan Lawson	NA	Grand View University	18:56	6:06
2	2	Emma Duncan	NA	St. Ambrose University	19:38	6:19
3	3	Emma Swanson	NA	Grand View University	19:41	6:20
4	4	Ceyda Nazli	NA	Grand View University	19:47	6:22
5		Ashlynn Perkins	NA	Graceland University	20:03	6:27
6	5	Emily Casterline	NA	Indian Hills	20:06	6:28
7		Keagan Perkins	NA	Graceland University	20:15	6:31
8		Grace Stewart	NA	Graceland University	20:19	6:32
9		Kandice Kittinger	NA	Coe College	20:23	6:34
10	7	Lexi Kats	NA	Benedictine College	20:24	6:34
11	8	Ikilas Hasan	NA	Grand View University	20:36	6:38
12	9	Shiggo Shadin	NA	Grand View University	20:53	6:43
13	10	Natalia Segura	NA	DMACC	20:58	6:45
14	11	Claire Zarybnicky	NA	Benedictine College	20:59	6:45
15	12	Chloe Greig	NA	Grand View University	21:02	6:46
16	13	Paige Thompson	NA	Grand View University	21:35	6:57
17	14	Isabelle Mellin	NA	Indian Hills	21:40	6:58
18	15	Alana Wickersing	NA	Waldorf	21:42	6:59
19	16	Lizeth Flores	NA	Indian Hills	21:47	7:01
20		Delana Jordan	NA	William Penn University	21:48	7:01
21	17	Morgan Klaus	NA	Indian Hills	21:50	7:02
22		Maytane Mohammed	NA	Grand View University	22:02	7:06
23	18	Allison Morris	NA	Iowa Wesleyan University	22:03	7:06
24	19	Alexia McClure	NA	Indian Hills	22:09	7:08
25		Michaela Kmiec	NA	William Penn University	22:15	7:10
26		Laura Harder	NA	Graceland University	22:20	7:11
27	20	Brenna Godfread	NA	DMACC	22:21	7:12
28	21	Monseratt Guerrero-Chapul	NA	Indian Hills	22:21	7:12
29	22	Michelle Polycznski	NA	Benedictine College	22:35	7:16
30	23	Faith Younce	NA	Iowa Wesleyan University	22:39	7:17
31		Liberty Leis	NA	Grand View University	22:39	7:17
32		Laney Jones	NA	Faith Baptist Bible College	22:46	7:20
33	24	Becky Mills	NA	Coe College	22:49	7:21
34	25	Katie Donaldson	NA	Indian Hills	22:49	7:21
35	26	Crystal Burke	NA	Coe College	22:50	7:21
36	27	Danielle Wood	NA	Waldorf	22:54	7:22
37		Melody Ruelle	NA	Grand View University	22:58	7:23
38		Karima Koko	NA	Grand View University	22:59	7:24
39	28	Julia Beltz	NA	St. Ambrose University	22:59	7:24
40	29	Wendy Liera	NA	DMACC	23:07	7:26
41	30	Kylie Mercier	NA	St. Ambrose University	23:11	7:28
42	31	Natalie Martin	NA	DMACC	23:14	7:29
43	32	Jessie Sonnen	NA	Benedictine College	23:18	7:30
44	33	Evelyn Mendez	NA	Benedictine College	23:21	7:31
45	34	Rosanna McKeown	NA	Benedictine College	23:26	7:33
46		Dani Costain	NA	Grand View University	23:46	7:39
47		Talaysia Douver	NA	William Penn University	23:48	7:40
48	35	Cailyn Wright	NA	Coe College	24:10	7:47
49	36	Anna Frerker	NA	Benedictine College	24:21	7:50
50		Emily Anderson	NA	Faith Baptist Bible College	24:30	7:53
51	37	Cindy Liera	NA	DMACC	24:40	7:56
52	38	Lilly Garnsey	NA	Iowa Wesleyan University	24:40	7:56
53		Julie Granahan	NA	Indian Hills	24:42	7:57
54	39	Cecelia Hemsworth	NA	Waldorf	24:48	7:59
55	40	Gemma Jasso	NA	Waldorf	25:17	8:08
56	41	Rileigh Fortune	NA	St. Ambrose University	25:33	8:13
57	42	Fiona Mahler	NA	Coe College	25:41	8:16
58	43	Rebecca Neaterour	NA	St. Ambrose University	25:49	8:19
59	44	Mindy Barchenger	NA	Waldorf	26:01	8:22
60		Rachel Franklin	NA	Faith Baptist Bible College	26:58	8:41
61		Roselaure Fuller	NA	William Penn University	27:09	8:44
62	45	Jasmine Alejo	NA	Coe College	27:25	8:49
63	46	Jayne Eilderts	NA	St. Ambrose University	28:16	9:06
64	47	Teya Hawkins	NA	Iowa Wesleyan University	30:33	9:50
65	48	Angelynne Blagsvedt	NA	Iowa Wesleyan University	32:39	10:31

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) Grand View University				Score = 25			
1	Morgan Lawson, NA	18:56	6:06	5	Ashlynn Perkins, NA	20:03	6:27
3	Emma Swanson, NA	19:41	6:20	7	Keagan Perkins, NA	20:15	6:31
4	Ceyda Nazli, NA	19:47	6:22	8	Grace Stewart, NA	20:19	6:32
8	Ikilas Hasan, NA	20:36	6:38	26	Laura Harder, NA	22:20	7:11
9	Shiggo Shadin, NA	20:53	6:43	William Penn University			
12	Chloe Greig, NA	21:02	6:46	20	Delana Jordan, NA	21:48	7:01
13	Paige Thompson, NA	21:35	6:57	25	Michaela Kmiec, NA	22:15	7:10
	Maytane Mohammed, NA	22:02	7:06	47	Talaysia Douver, NA	23:48	7:40
	Liberty Leis, NA	22:39	7:17	61	Roselaure Fuller, NA	27:09	8:44
	Melody Ruelle, NA	22:58	7:23				
	Karima Koko, NA	22:59	7:24				
	Dani Costain, NA	23:46	7:39				
2) Indian Hills				Score = 71			
5	Emily Casterline, NA	20:06	6:28				
14	Isabelle Mellin, NA	21:40	6:58				
16	Lizeth Flores, NA	21:47	7:01				
17	Morgan Klaus, NA	21:50	7:02				
19	Alexia McClure, NA	22:09	7:08				
21	Monseratt Guerrero-Chapula, NA	22:21	7:12				
25	Katie Donaldson, NA	22:49	7:21				
	Julie Granahan, NA	24:42	7:57				
3) Benedictine College				Score = 105			
7	Lexi Kats, NA	20:24	6:34				
11	Claire Zarybnicky, NA	20:59	6:45				
22	Michelle Polycznski, NA	22:35	7:16				
32	Jessie Sonnen, NA	23:18	7:30				
33	Evelyn Mendez, NA	23:21	7:31				
34	Rosanna McKeown, NA	23:26	7:33				
36	Anna Frerker, NA	24:21	7:50				
4) DMACC				Score = 127			
10	Natalia Segura, NA	20:58	6:45				
20	Brenna Godfread, NA	22:21	7:12				
29	Wendy Liera, NA	23:07	7:26				
31	Natalie Martin, NA	23:14	7:29				
37	Cindy Liera, NA	24:40	7:56				
5) Coe College				Score = 133			
6	Kandice Kittinger, NA	20:23	6:34				
24	Becky Mills, NA	22:49	7:21				
26	Crystal Burke, NA	22:50	7:21				
35	Cailyn Wright, NA	24:10	7:47				
42	Fiona Mahler, NA	25:41	8:16				
45	Jasmine Alejo, NA	27:25	8:49				
6) St. Ambrose University				Score = 144			
2	Emma Duncan, NA	19:38	6:19				
28	Julia Beltz, NA	22:59	7:24				
30	Kylie Mercier, NA	23:11	7:28				
41	Raleigh Fortune, NA	25:33	8:13				
43	Rebecca Neaterour, NA	25:49	8:19				
46	Jayne Eilderts, NA	28:16	9:06				
7) Waldorf				Score = 165			
15	Alana Wickering, NA	21:42	6:59				
27	Danielle Wood, NA	22:54	7:22				
39	Cecelia Hemsworth, NA	24:48	7:59				
40	Gemma Jasso, NA	25:17	8:08				
44	Mindy Barchenger, NA	26:01	8:22				
8) Iowa Wesleyan University				Score = 174			
18	Allison Morris, NA	22:03	7:06				
23	Faith Younce, NA	22:39	7:17				
38	Lilly Garnsey, NA	24:40	7:56				
47	Teya Hawkins, NA	30:33	9:50				
48	Angelyne Blagsvedt, NA	32:39	10:31				
Incomplete Teams:							
Faith Baptist Bible College							
32	Laney Jones, NA	22:46	7:20				
50	Emily Anderson, NA	24:30	7:53				
60	Rachel Franklin, NA	26:58	8:41				
Graceland University							